# forgoodness sake

An applied approach to behavioural intervention for young children

Presented by Monica Carruthers, ECE,RT Professional Development Consultant Affiliated Services for Children and Youth Special Link Conference Winnipeg, Manitoba August 21, 2008



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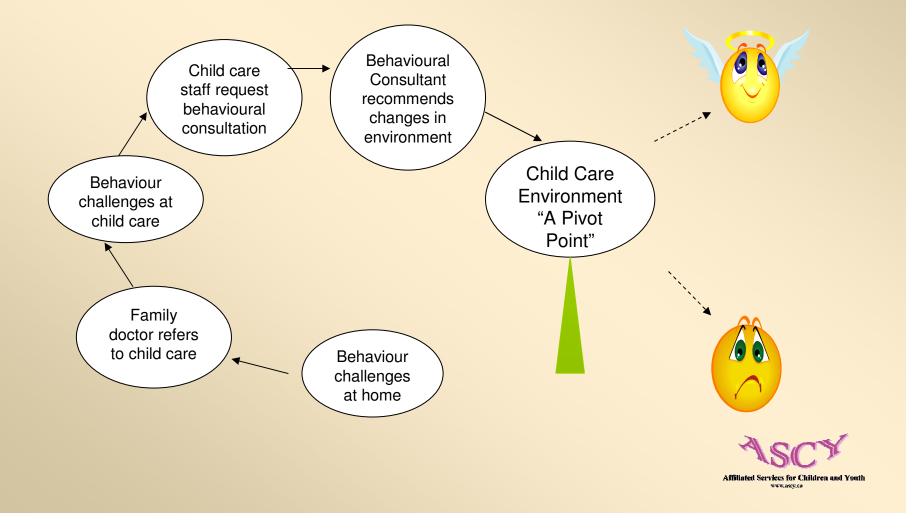
## A Community Response –

Hamilton Ontario

- 1991: Child Care Advisory Committee
- How to support quality?
- How to support inclusion?
- Survey: 10% of children were described as "challenging" by their ECE teachers.
- 1200 children lined up for assessment and treatment!! *There has to be a better way!*



#### A Healthy Environment is the Foundation for Inclusion



## Goals

- Produce a package of resources which focuses on training caregivers and parents to manage preschoolers' challenging behaviours
  - ECEs become more confident and skilled
  - Decrease demands on clinicians
  - Improve overall quality of childcare in the community



#### Characteristics

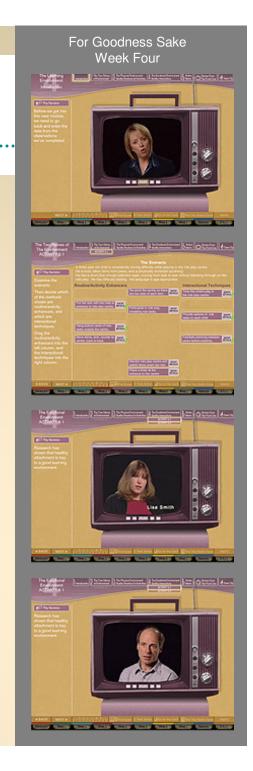
- Supports caregivers
- Facilitates skill development
- Provides a system
- Evidence and research-based
- Non-intrusive and non-aversive
- Facilitates rapid, safe solutions
- Preventative interventions
- Developmentally appropriate interventions
- Emphasizes child's emotional and social well-being
- Promotes emotional health and positive attitudes of caregivers
- Can be used in part or whole



#### For Goodness Sake

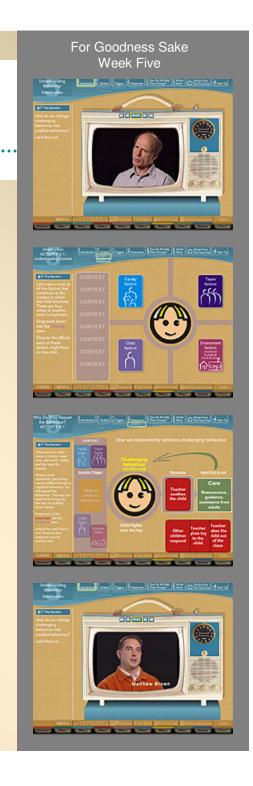
*For Goodness Sake* is a resource for early childhood educators, and teachers.

Through its interactive CD format, *For Goodness Sake* combines training along with a system to guide practitioners and parents in developing action plans to address challenging behaviour and support pro-sociality.



## Anticipated outcomes

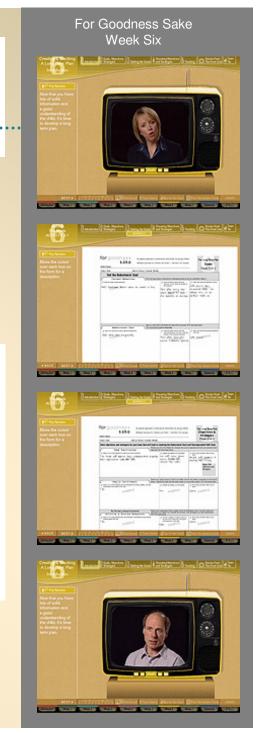
- Lessened demand on community mental health consultation services
- Improvements in caregiver confidence
- Improved school-readiness and pro-social skill development



#### Evaluation

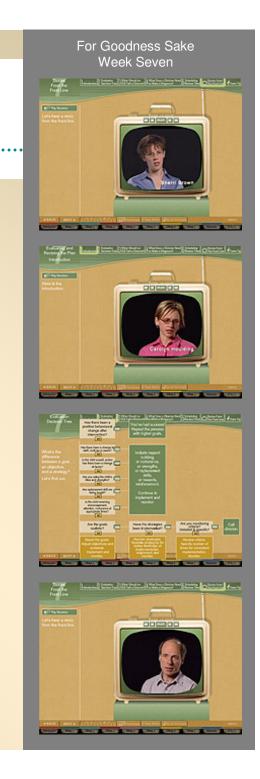
The Research and Evaluation committee of Hamilton Early Learning Partners for Best Practice (HELP-BP) is chaired by *Dr. Jean Clinton* and includes researchers and epidemiologists from:

- McMaster University's "CURA"
- McMaster University Department of Psychology, Neuroscience and Behaviour
- McMaster Children's Hospital



# Currently under evaluation

- Fidelity to training
- Change in teachers/caregivers' confidence
- Child outcomes will be evaluated in conjunction with McMaster University's Community – University Research Alliance (CURA) Project (Longitudinal)



## for goodness sake

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Week 1Week 3Week 5Week 7Where Are We At Now?Observing the Challenging BehaviourUnderstanding BehaviourEvaluating and Revising the Plan	An Overview of For Goodness				The Learning Environment		<u>Week 6</u> Creating an Tracking a Term Plan	ıd	rsion
		Where Are		Observing th Challenging	he	Understandir	ng	Evaluating an Revising	d

## Availability

- For Goodness Sake is available for the price of \$250.00. You can download an order form at <u>www.ascy.ca</u>.
- Visa and MasterCard are accepted.



#### Contact

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Affiliated Services for Children and You